

C-LEARN

Community Resilience Learning
Collaborative and Research Network

The Community Resilience Learning Collaborative and Research Network, or C-LEARN, is a community-academic partnership focused learning how to enhance resilience in

Study Description

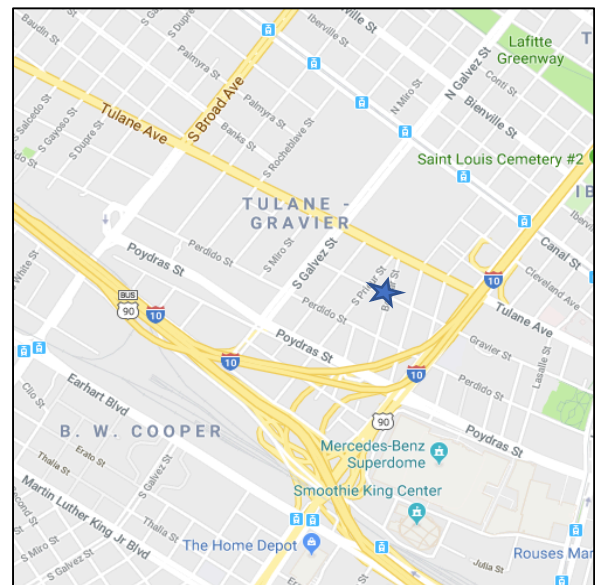
We are engaging urban and rural communities in South Louisiana to test approaches to improve community and individual resilience. We will test both training and coalition approaches to promote community resilience, while also assessing the added value of mobile technology based resources and tools for individuals.

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Visit us at our new website, launching February 2018: www.c-learn.org

C-LEARN Study Activities

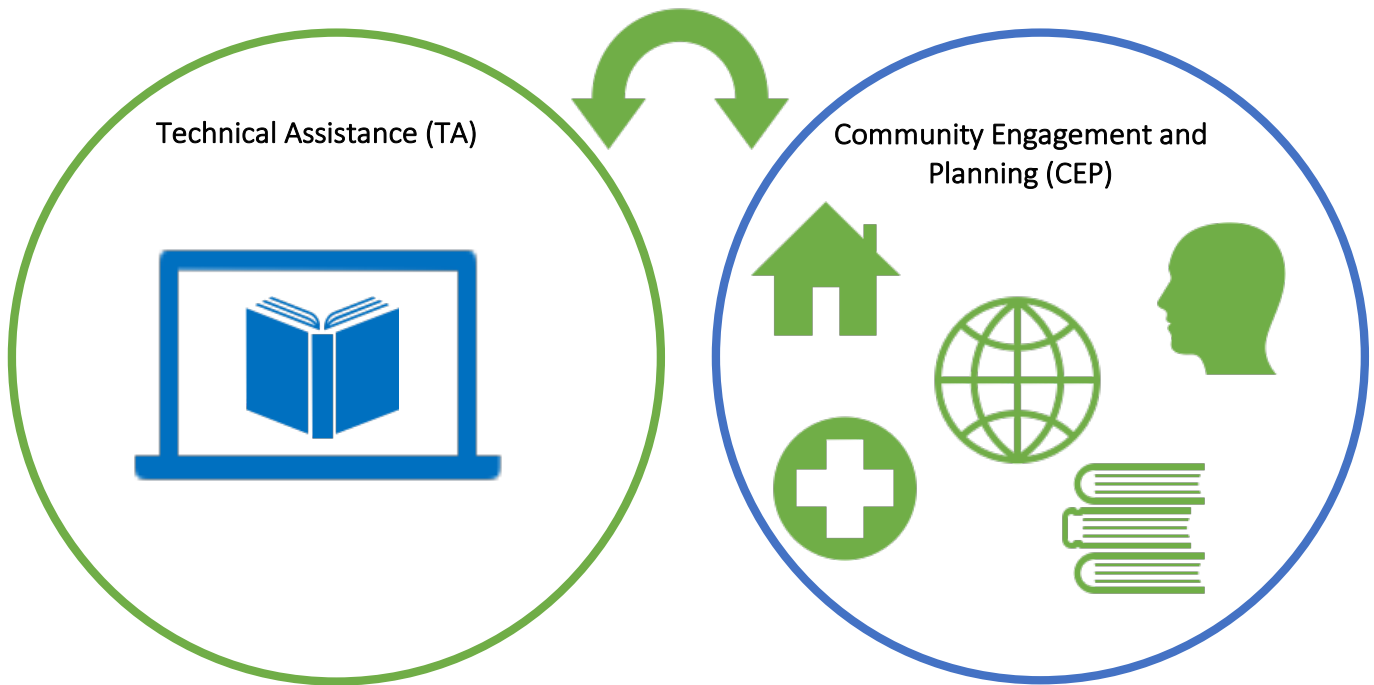
Phase 1: Key Informant Interviews

Among our partnering agencies and community stakeholders in Baton Rouge, New Orleans, and Coastal Louisiana, we will interview up to 30 people (90 people total) to learn more about the communities' priorities when it comes to disaster resilience, stressors, strengths, and resources available to address those issues.

These interviews will be used to inform the interventions used in phase 2. Each community's priorities, culture, strengths, and experiences will be reflected in the questions and materials used in the interventions.



Phase 2: The Interventions Community Program/Agency-level Interventions



Technical Assistance (TA)

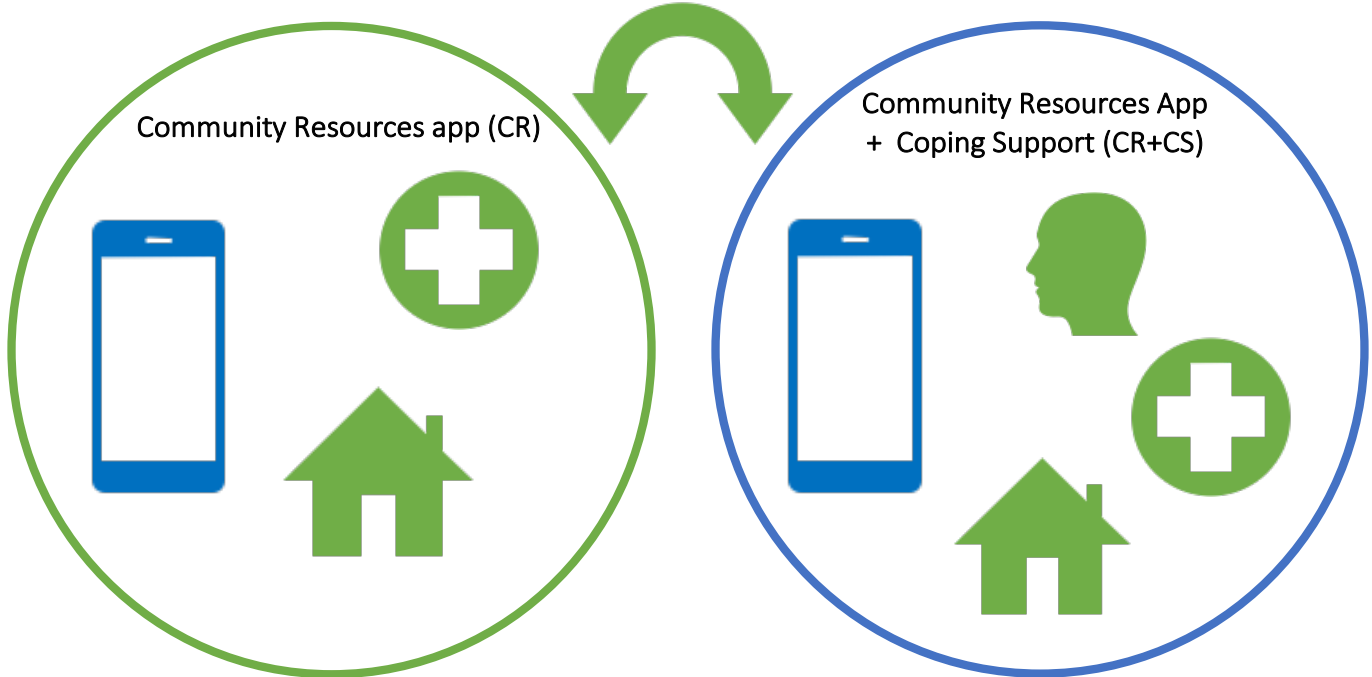
Technical Assistance (TA) trains agency staff on disaster preparedness, reducing social risk factors and building strengths, and enhancing mental health resilience using webinars, site visits, and training toolkits. Toolkits may use a team-based, "train the trainer" approach with outside referral for more intensive supports.

Community Engagement and Planning (CEP)

CEP is a coalition building and "readiness" intervention that encourages network building and collaboration among community and service agencies across sectors. These agencies and organizations will also receive trainings, toolkits, and additional supports for network and capacity building.

Phase 2: The Interventions

Individual-Level Interventions



Community Resources Mobile Tools (CR)

CR offers links to community informational resources, as well as disaster, health, or social services identified from or tailored to the local community.

Community Resources App + Coping Support (CR+CS)

CR+CS offers the community resources component plus a Cognitive Behavioral Psychoeducation tool using a “Catch it, Check it, Change it” framework to help people manage stress during times of difficulty.

Sample Outcomes to be Studied

Communities – Resilience in communities, preparedness, sector collaboration and program use of toolkits, training participation, time delivering community services and use of strategies. Which works better, CEP or TA?

Individuals – Resilience, depression symptoms, health related quality of life, mental wellness, unmet needs, homeless risk factors, use of services, activities, use of disaster recovery or preparedness resources.

What are we being asked to do?

Agencies – Agencies across sectors may be offered the opportunity to participate in trainings, coalitions, and client recruitment activities. Agencies may be asked to allow C-LEARN study staff to recruit clients to participate in surveys, as well as to participate in staff surveys. Agencies may be asked to participate in network-building activities, advisory boards, and for regular feedback on all study activities.

Participants – If participants are eligible to enroll in the study, they will be asked to participate in surveys, and to provide cell phone numbers and contact information to receive mobile tools and to be contacted for follow-up.